

PE, Active Healthy Lifestyle and School Sport Development Plan 2020/21

<i>Where are we now and how does this relate to the School Development Plan?</i>	<i>Where do we want to get to? (Reference the SDP)</i>	<i>What will it look like when we get there? *Impact on pupils *Impact on teaching staff</i>	<i>How will we get there?</i>	<i>When will we expect to have achieved this?</i>
Physical Education				
We teach a range of basic physical literacy skills through dance, ball skills, games, athletics, gymnastics and swimming to all KS1 pupils -3 sessions a week. Some of this may have to be taught remotely due to Coronavirus pandemic and school closure. EYFS pupils develop their movement skills through both indoor and outdoor activities every day.	Move confidently with control and co-ordination with large and small movements and in large and small spaces. Develop confidence, competence, enjoyment and a sense of wellbeing, across a range of activities.	Better developed physical skills in pupils, who are enjoying and participating in PE and sporting activities. Increased staff confidence to teach specific skills. Shared skills through CPD	Employ qualified coaches to teach to pupils and teachers a variety of movement skills across a larger range of sports and activities. Provide remotely accessed planning and activities to support home-learners. Regular assessment and review of pupils' attainment. Lesson observations and discussions with pupils.	Throughout the academic year, commencing in Sept 2020 with completion in July 2021
Healthy Active Lifestyles				
All pupils are encouraged to lead active healthy lives, understand the importance of good health, need for sufficient daily physical activity and taught to be self-caring.	Pupils are aware of the wide range of physical activities available. Pupils make informed choices about diet, exercise and keeping healthy.	Pupils are exposed to a variety of new activities such as Dance, Yoga, Gardening. Offer more after school clubs. Improvements in diet, behaviour and concentration levels. Upskilled staff.	Promote after school activities and clubs, provide free swimming session to Rec. (Covid restrictions allowing) Continue to offer After School Multi skills sessions and After School Clubs (when possible). Continue to provide hot school meals (as possible) Smile4Life training to improve Oral Healthcare knowledge in staff and to be promoted across school.	July 2021
School Sport				
We usually offer weekly After School Y1 and Y2 Gym Clubs, and there is an intra-school Challenge Day (Team Sports Day) each year. We usually compete in Key Steps Competition, Swimming Gala and Mini-Olympics. Yoga is taught and Onside Multi-skills coaches teach weekly.	More opportunities created to compete.	Opportunities to compete and work alongside other school pupils.	Maintain links with School Sports Partnership, liaising with Dowdales and local primary schools, enter Key Steps competition, attend Fun Runs and other in-school and after-school activities as offered eg cricket, table-tennis, indoor athletics	July 2021